



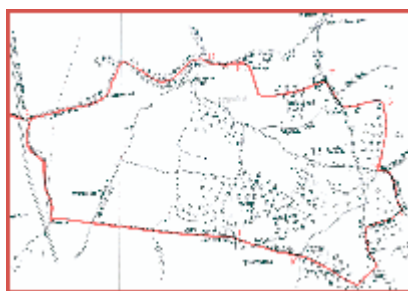
## Country Ways The Admiral McHardy Walk

**16.3km (10 miles) Approx 4 hours**  
**Start: Timsons Lane, Chelmsford**

Admiral McHardy was the first Chief Constable of Essex in the year 1840. This walk has been dedicated to the founding father of the Essex Police to commemorate the 150 years of the force. Please follow the special logo signs and keep to

**The Country Code.** Suitable country clothing is strongly advised.

### The Admiral McHardy Walk - Step By Step Directions



[click here to download full size map](#)

A. Park in Timsons Lane by Coronation Park. Proceed south alongside the old A12 then crossing it by means of the wide footbridge. Thence northwards along New Dukes Way to Cuton Hall Lane Roundabout and due east to B the start of the Country Walk.

B. Climbing over the stile and continuing east the route runs along a headland and under the A12 by-pass until the River Chelmer/Chelmer & Blackwater Navigation is reached at point C.

C. Turning left in a generally easterly direction and following along the footpath until point D is reached - where a crossing by footbridge to the south bank of the river is made

D. Proceed along the towpath eastwards until point E is reached.

E. Change to a southerly direction across the marshy ground and small footbridge and through Hollybred Wood until North Hill is reached at point F.

F. A right turn southwards and up the hill brings The Rodney Public House into view. Now take the footpath opposite the pub and proceed eastwards over undulating track until a large bridleway is met at point G.

G. Turn right southwards and climbing through the tree lined route and past The Warren we come to Spring Elms Lane at point H.

H. Turn left eastwards and 100m on the right finds the public bridleway, Postmans Lane. Continue south along the bridleway through trees until you come to a path called Common Lane at point I.

I. At this point turn right westwards along Common Lane until you come to the Ridge. Turn left southwards until some 200m on the right a footpath sign adjoining The Pilgrims Way- follow the track until you emerge on the large bridleway running through Lingwood Common in the care of the National Trust at point J.

J. Turn right westwards and follow the meandering track until Graces Lane is reached at point K.

K. Carefully follow the road until the nature reserve beyond Little Graces Farm is reached, about 400m. Turn right into the old orchard and follow the path until ahead are seen the gates to 'Graces Walk' at point L.

L. Walk due west following the footsteps of Henry VIII and Anne Boleyn until Hammonds Road is reached. Cross over and follow the footpath sign which will lead you to a bridge across the canal - turn right, northwards, along the towpath until point C of your outward track is reached, then retrace your steps under the bypass to Cuton Hall Lane, New Dukes Way and thence to Timsons Lane.